

COMMUNITY RENEWAL TEAM **JUNE 2023** CONGREGATE MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Pasta W/ Meat Sauce Salad Bread	2	<u>National Picnic Day</u> Orange Juice Beef Hot Dog Hot Dog Bun Mustard, Relish, Ketchup Bked Beans / Mixed Veg Cookie
5	100 % Fruit Punch Jce Smothered Chicken Lyonnaise Potatoes Spinach 100 % Wh Wheat Brd Wholegrain Fruit Bar	6	Tomato Soup Grilled Cheese Sandwich	7	Roasted Pork Loin w/ Gravy Rice Pilaf California Blend Vegetables Wheat Bread Mandarin Orange Cup	8	Chicken Caesar Wrap Grilled Chicken W/ Caesar salad	9	Mild Beef & Bean Chili Baked Potato Sliced Carrots Oatnut Bread Fresh Fruit
12	Orange Juice Meatloaf w/ Gravy Garlic Mash Potatoes Spinach 12 Grain Bread Doughnut	13	Eggs French Toast Bacon	14	Barbeque Beef Brisket Lyonnaise Potatoes Brussel Sprouts 12 Grain Bread Fresh Fruit	15	Turkey Sandwich W/ Lettuce & Tomato Cole Slaw	16	<u>Celebrate Juneteenth</u> Grape Juice Grilld Chicken/Peach Sce 5 Cheese Mac'n Cheese Collard Greens Cornbread Loaf Sweet Potato Pie
19	Sausage & Peppers Garlic Bread	20	Cheeseburger W/ all the fixings	21	Oven Baked Chicken Macaroni & Cheese Chuckwagon Vegetables 100 % Wh Wheat Bread Fresh Fruit	22	Stuffed Scallops Salad Garlic Bread	23	Roast Pork w/ Gravy Cornbread Stuffing Mixed Vegetables Garlic Knot Fresh Fruit
26	Kielbasa w/ Mustard Carmelized Onions Diced Potatoes Prince Edward Veggies Wheat Bread Fresh Fruit	27	Mac & Cheese W/ steamed Broccoli	28	<u>National Tapioca Day</u> Grape Juice American Chop Suey w/ Elbow Pasta Vegetable Medley Garlic Knot Tapioca Pudding	29	Steak Fajitas W/all the fixings	30	100 % Fruit Punch Juice Swedish Meatballs w/ Gravy / Mashed Potatoes / Peas & Diced Carrots / 100 % Whole Wheat Bread / Cookie

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older @ 12:00 NOON.
SUGGESTED DONATION: \$4.00